

MENU WEEK THREE

| | MAIN MEALS | VEGETARIAN | DESSERTS |
|-----------|--|---|--------------------------------|
| MONDAY | Cajun Chicken Pasta | Vegetable Curry with 50/50 Rice V | Apple & Banana Cake & Custard |
| TUESDAY | Chilli Beef Enchiladas & Rice | Veggi Toad in the Hole | Rice Pudding & Berry Coulis |
| WEDNESDAY | Sausage & Bean Casserole | Plant Based Balls in a Tomato & Basil Sauce with Pasta V | Cornflake Tart |
| THURSDAY | Teriaki Chicken Stir Fry & Noodles | Home Made Margarita Pizza with Lentil Sauce V | Chocolate Fudge Cake & Custard |
| FRIDAY | Salmon Nuggets, Chips and Peas or Beans MSC | Quorn Hot Dog with chips & beans V V | Raspberry Crisp Cake |

V VEGETARIAN

Vg VEGAN

MSC FISH