



Outwood Primary Academy Greenhill

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Head of School: Mrs Heather Webb

Dear parents/carers,

As part of our Summer 2 Diploma, 'Race for Life', the children will be participating in a race to raise money for Cancer Research UK. Cancer Research UK is the world's leading cancer charity dedicated to saving lives through research, influence and information.

We are asking for a donation for Cancer Research UK of **£1 per child** or the option to donate more if you wish.

I am inviting Year 3 to wear a **pink, purple or blue accessory** on the day of the race. Children will be wearing school uniforms as normal. The race will take place on **Tuesday 8th July**.

Miss Chambers



## Y3: Race for Life

**Core Skills & Knowledge**

Pupils will:

- Learn about a national charity: Cancer research.
- Participate in a healthy activity.

**Links to Time To ... Being Healthy**

- Identify and explore opportunities for physical activity within everyday life.

**Mindset: the way I think and act**

- Understand their own fitness levels and listen to their bodies to pace themselves during the race.
- Manage nerves and stay focused, especially during competitive or high-energy parts of the workout.
- Keep a can-do attitude, encouraging themselves and others to keep going, even when the workout gets tough.
- Support teammates, take turns, and work together to complete group activities successfully.
- Think of ways to overcome challenges, like pacing themselves or finding better ways to move.
- Take charge of warming up properly, staying hydrated, and giving their best effort throughout the workout.

**Skillset: the things that I do**



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