
















Allergens - Week 3

	Celery	Crustaceans	Egg	Fish	Gluten	Lupin	Milk	Molluscs	Mustard	Peanut	Sesame	Soybean	Sulphur Dioxide	Treenuts
														
BREAK														
Sausage roll					✓		✓					✓	✓	
Cheese bagel					✓		✓					✓		
Croissant			✓		✓		✓					✓		✓
Pain au chocolat			✓		✓		✓					✓		✓
Cheese pizza					✓		✓					✓		
Bacon butty					✓		✓							
Jim jam choc sauce							✓							
Teacake					✓							✓		
Pancake			✓		✓		✓							
Toast					✓							✓		
Jam													✓	
LUNCH														
DIRTY FRIES														
Mac Daddy (Mince, cheese, gherkin, crispy onion, sauce)			✓		✓		✓		✓					
Chilli nacho (mince, cheese nachos, jalapeno, sauce)							✓							
Salt & pepper (onions, peppers, spices)					✓				✓					
Bacon & cheese (mayo)			✓				✓							
Bbq pulled pork (Bbq sauce, crispy onions, cheese)					✓		✓							
Teriyaki chicken (Cucumber, spring onion)					✓						✓	✓		
Burger sauce			✓				✓							
Yoghurt & mint			✓				✓							
Mayo			✓											
Bbq														
Hoisin					✓						✓	✓		
Garlic & herb			✓				✓							
Garlic mayo			✓				✓							
Italian chicken	✓				✓		✓							
Wedges														
Italian quorn burger			✓		✓		✓							
Chicken gyros					✓							✓		
Roasted veg														
Tzatziki							✓							
Pitta bread					✓									
Salad														
Garlic & herb			✓				✓							
Sweet chilli sauce														
Veg kebab														
Sausage onion gravy					✓								✓	
Yorkshire pudding			✓		✓		✓							
Fish				✓	✓									
Cheese pizza					✓		✓							
mushy peas														
Chips														
Beans														
Curry sauce														
Gravy (chippy)	✓												✓	
Gravy														
PUDDINGS														
Crackle					✓		✓							
Chocolate sponge			✓		✓		✓					✓		
Baked sponge			✓		✓		✓							
Chocolate oat delight					✓									
Blondie			✓		✓		✓							
Doughnut			✓		✓		✓			✓	✓			
Custard							✓							
Fruit salad														
PASTA														
Pasta					✓									
Tomato & Mascarpone							✓							
Vegan meatball arrabbia												✓		
Arrabiata														
Beef mince bolognese														
Veg bolognese sauce														
Italian chicken														
Veg sauce														
pizza sauce														
Cheese							✓							
Jacket & beans							✓							
Jacket & cheese							✓							
Jacket & tuna mayo			✓	✓					✓					