

# MENU WEEK THREE

## MAIN MEALS

## VEGETARIAN

## DESSERTS

MONDAY

Chicken Curry &  
Rice, Naan Bread  
Sweetcorn & Peas

Quorn & Bean  
Hot Pot

Blueberry Sponge  
& Custard

TUESDAY

Mince & Veg Pie  
Mash, Carrots &  
mixed veg

Cheese & Onion  
Frittata

Chocolate Cake &  
Custard

WEDNESDAY

Turkey Dinner  
Mash, Broccoli &  
Cauliflower

Quorn Past Bake  
& Herb bread

Rhubarb &  
Strawberry  
Crumble &  
Custard

THURSDAY

Chilli Con Carne &  
Rice,  
Peas & Carrots

Plant Base Burger  
in a Wholemeal  
Bun

Syrup Sponge &  
Custard

FRIDAY

Salmon Nuggets &  
Chips, Beans or  
Peas

Cheese Pizza &  
Chips

Rice Pudding &  
Oranges

V VEGETARIAN

Vg VEGAN

MSC FISH