



West Yorkshire
Fire & Rescue Service

Float to Live

- Lean back extend arms and legs
- Control your breathing
- Call for help or swim to safety



*If you see someone
in difficulty in the water
call 999 ask for FIRE*

#BeWaterAware
westyorksfire.gov.uk



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Cold Water Kills

- Causes you to gasp for breath
- Stay calm, lean back extend arms and legs
- Float to live



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