

Your linked CAMHS Practitioners

The School CAMHS 'Future In Mind / Mental Health Support Team' is part of the Wakefield Child and Adolescent Mental Health Services (CAMHS)

Charlotte Kirk – Senior Mental Health Practitioner

Professional Background: Children's Social Care and Early Intervention and whole family work.

Hobbies: I love cooking and trying out new recipes and when I'm not in the kitchen, I enjoy exploring the outdoors with my family.

Favourite Food: Tough question! I have so many favourites but my all time number one would have to be curry!

Favourite Destination: Paphos in Cyprus is very special to me, as that's where I got married.

Favourite Quote: Make someone smile everyday but never forget you're someone too.

Pets: Mia the cat & Chewie our Cocker Spaniel puppy

I look after my mental health by: Going for walks outdoors or curling up on the sofa with a good book and cup of tea.



Aidan Richards – Education Mental Health Practitioner (EMHP)

Professional Background: Education, I was a primary school teacher in the Bradford local authority for 7 years.

Hobbies: I like going to gigs, travelling, reading non-fiction and supporting Bradford City (for my sins).

Favourite Food: Lemon Drizzle Cake

Favourite Destination: Newcastle upon Tyne

Favourite Quote: "You can never get a cup of tea large enough or a book long enough to suit me." - C.S. Lewis

Pets: I am rushed off my feet with my lovely puppy Winnie!

I look after my mental health by: Having a good chat with my friends.



These practitioners work across multiple schools in the area