WEEK 1 MENU

3rd, 24th November. 15th December.
5th, 26th January. 16th February.
9th March

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Chilli Wraps with Paprika Wedges	Cheese & Tomato Panini with Wedges	Cheese Puff with Crispy Potatoes & Gravy	Veggie Strips with Wedges	Quorn Dippers & Chips
Chicken Burger with Paprika Wedges	Chicken Curry with Rice	Roast Gammon with Crispy Potatoes, Yorkshire Pudding & Gravy	Margherita Pizza with Wedges	Battered Fish & Chips
Sweetcorn & Broccoli	Peas & Coleslaw	Green Beans & Carrots	Sweetcorn & Mixed Salad	Peas & Baked Beans
Vanilla Ice Cream	Orange Drizzle Cake	Toffee Apple Crumble & Custard	Pear & Berry Sponge	Chocolate Puffed Rice Cake

PLATES FOR OUR PLANET

SALAD AND FRESHLY BAKED WHOLEMEAL BREAD SERVED DAILY

LOOK OUT FOR CHEF'S SPECIAL

JACKET POTATO, PASTA & SANDWICHES

Low carbon meals have at least 38% lower carbon emissions then the average meal. Learn more about this calculation at **www.eatcoolfood.org**

Menu Key: Plant Based · Vegetarian · 1 of your 5 a day · Boosted · Low Carbon

Feeding Hungry Minds

WEEK 2 MENU

10th November. 1st December.
12th January. 2nd 23rd February.
16th March

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Veggie Sausage with Mashed Potato & Gravy	Quorn Burger with Wedges	Cheesy Veggie Bake with Crispy Potatoes & Gravy	Veggie Chilli with Rice	Tomato Pasta Bake
Pork Sausage with Mashed Potato & Gravy	Beef Bolognese with Garlic & Herb Bread	Roast Chicken with Crispy Potatoes, Yorkshire Pudding & Gravy	Pizza Baguette with Garlic & Herb Wedges	Fish Fingers & Chips
Peas & Carrots	Roasted Veggies & Sweetcorn	Roast Veggies & Herby Green Beans	Sweetcorn & Broccoli	Peas & Baked Beans
Apple & Berry Crumble with Custard	Vanilla Sponge	Chocolate Shortbread	Pineapple Upside Down Cake	Jelly

PLATES FOR OUR PLANET

SALAD AND FRESHLY BAKED WHOLEMEAL BREAD SERVED DAILY

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Feeding Hungry Minds

WEEK 3 MENU

17th November. 8th December. 19th January. 9th February. 2nd, 23rd March

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Hot Dog & Wedges	Cheesy Baked Bean Wrap with Wedges	Veggie Sausage with Crispy Potatoes, Yorkshire Pudding & Gravy	Chinese Fried Rice	Veggie Penne Bolognese
Chicken Meatballs with Tomato Pasta	Chicken Korma with Rice	Roast Pork with Crispy Potatoes, Yorkshire Pudding & Gravy	Margherita Pizza with Cajun Wedges	Fish Fingers & Chips
Roasted Veggies & Green Beans	Broccoli &Sweetcorn	Carrots & Cabbage	Sweetcorn & Red Cabbage Slaw	Mushy Peas & Baked Beans
Peach Crumble with Custard	Chocolate Orange Brownie	Eve's Pudding	Oat Cookie	Tiffin

PLATES FOR OUR PLANET

SALAD AND FRESHLY BAKED WHOLEMEAL BREAD SERVED DAILY

LOOK OUT FOR CHEF'S SPECIAL

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Feeding Hungry Minds