



# WEEK 1 MENU

13<sup>th</sup> April. 4<sup>th</sup>, 25<sup>th</sup> May. 15<sup>th</sup> June  
6<sup>th</sup> July. 7<sup>th</sup>, 28<sup>th</sup> Sept. 19<sup>th</sup> Oct



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>Rainbow Stir Fry with Egg Noodles</b> Low-carbon veggie stir fry with egg noodles that is good for you and the planet. 	<b>Plant-Power Hot Dog with Wedges</b> Quorn hot dog with oven baked potato wedges. 	<b>Planet-Friendly Savoury Mince with Golden Roasted Potatoes &amp; Yorkshire Pudding</b> Quorn mince served with roasted potatoes and Yorkshire pudding. 	<b>Garden Pasta Bake with Garlic Bread</b> Cheese, tomato, lentil and veggie pasta bake served with garlic infused bread. 	<b>Golden Nuggets with Chips &amp; Ketchup</b> Quorn dippers served with chips & tomato ketchup. 
<b>Hand-Stretched Margherita Pizza with Garlic &amp; Herb Potatoes</b> 	<b>Hot Dog with Potato Wedges</b> 	<b>Roast Chicken Golden Roasted Potatoes, Yorkshire Pudding and Gravy</b> 	<b>Chinese Chicken with Fluffy Rice</b> Honey and soy chicken served with rice. 	<b>Battered Fish with Chips &amp; Ketchup</b>
<b>Sweetcorn &amp; Peas</b> 	<b>Mixed Veggie &amp; Coleslaw</b> 	<b>Carrots &amp; Cabbage</b> 	<b>Sweetcorn &amp; Broccoli</b> 	<b>Peas, Baked Beans &amp; Mushy Peas</b> 
<b>Vanilla Ice Cream</b>	<b>Vanilla &amp; Peach Sponge</b> 	<b>Chocolate Shortbread</b> 	<b>Pear &amp; Berry Sponge with Custard</b> 	<b>Custard Biscuit</b> 

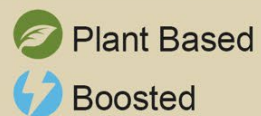


**PLANT-BASED JACKET POTATO OR PASTA POTS AVAILABLE DAILY**  
Unless specified, all our desserts are vegetarian.



Low carbon meals have at least 38% lower carbon emissions than the average meal. Learn more about this calculation at [www.eatcoolfood.org](http://www.eatcoolfood.org)

Menu Key:



Feeding Hungry Minds





# WEEK 2 MENU

20<sup>th</sup> April. 11<sup>th</sup> May. 1<sup>st</sup>, 22<sup>nd</sup> June  
13<sup>th</sup> July. 14<sup>th</sup> Sept. 5<sup>th</sup> Oct



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p><b>Tangy Chilli Fajita with Fluffy Rice</b> Low-carbon veggie chilli fajita served with rice.</p> <p> </p>	<p><b>Happy Bite Burger with Paprika Wedges</b> Quorn burger served with paprika potato wedges.</p> <p></p>	<p><b>Cheesy Puff Power with Golden Roasted Potatoes &amp; Gravy</b> Cheese &amp; tomato puff served with roasted potatoes and gravy.</p> <p></p>	<p><b>Chef's Special Pasta Bolognese with Garlic Bread</b> Low-carbon veggie pasta bolognese served with garlic infused bread.</p> <p> </p>	<p><b>Sunny Garden Frittata with Chips</b> Cheese, tomato and red onion frittata served with chips.</p> <p></p>
<p><b>Hand-Stretched Margherita Pizza with Tomato Pasta Salad</b></p> <p></p>	<p><b>Beef Burger with Paprika Wedges</b></p> <p></p>	<p><b>Roast Chicken with Golden Roasted Potatoes, Yorkshire Pudding &amp; Gravy</b></p> <p></p>	<p><b>Cheesy Beef Melt with Potato Wedges</b> Beef Sloppy Joe Melt served with potato wedges.</p> <p> </p>	<p><b>Fish Fingers with Chips &amp; Ketchup</b></p>
<p><b>Sweetcorn &amp; Coleslaw</b></p> <p></p>	<p><b>Peas &amp; Mixed Salad</b></p> <p></p>	<p><b>Carrots &amp; Cauliflower</b></p> <p></p>	<p><b>Roasted Mediterranean Veggies &amp; Green Beans</b></p> <p></p>	<p><b>Peas, Baked Beans &amp; Mushy Peas</b></p> <p></p>
<p><b>Strawberry Frozen Yoghurt</b></p>	<p><b>Apple Crumble with Ice Cream</b></p> <p></p>	<p><b>Chocolate &amp; Raisin Oat Dream Cookie</b></p> <p></p>	<p><b>Pineapple Upside Down Cake with Custard</b></p> <p></p>	<p><b>Chocolate Brownie</b></p> <p></p>

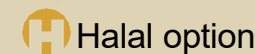
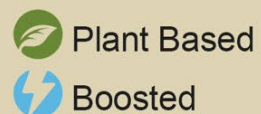


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Menu Key:



Feeding Hungry Minds



# WEEK 3 MENU

27<sup>th</sup> April. 18<sup>th</sup> May. 8<sup>th</sup>, 29<sup>th</sup> June  
20<sup>th</sup> July. 31<sup>st</sup> Aug. 21<sup>st</sup> Sept. 12<sup>th</sup> Oct



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>Planet-Friendly Chinese Rice</b> Low-carbon Chinese vegetable rice. 	<b>Bouncy Beans Wrap with Wedges</b> Cheese and baked beans wrap with potato wedges. 	<b>Green Earth Curry with Fluffy Rice</b> Low-carbon veggie curry with rice. 	<b>Scrumptious Mac &amp; Cheese with Tomato Focaccia Bread</b> 	<b>Plant Street Tacos</b> Roasted veggies and bean taco served with chips. 
<b>Hand-Stretched Margherita Pizza with Sweet Potato Wedges</b> 	<b>Singapore Chicken Noodles</b> 	<b>Roast Chicken with Golden Roasted Potatoes, Yorkshire Pudding &amp; Gravy</b> 	<b>Sausage Roll with Potato Wedges</b> 	<b>Fish Finger, Chips &amp; Ketchup</b>
<b>Mixed Salad &amp; Sweetcorn</b> 	<b>Veggie Medley</b> 	<b>Carrots &amp; Broccoli</b> 	<b>Sweetcorn &amp; Coleslaw</b> 	<b>Peas, Baked Beans &amp; Mushy Peas</b> 
<b>Fruit Ice Lolly</b> 	<b>Chocolate Fudge Sundae</b>	<b>Lemon Shortbread</b> 	<b>Chocolate &amp; Pear Sponge with Chocolate Sauce</b> 	<b>Orange Jelly &amp; Mandarins</b> 

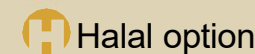
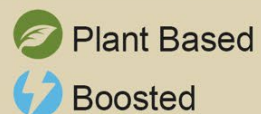


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