Outwood Junior Academy Brumby
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Principal: Mr Stephen Tait

Dear Families,

As an academy, we will be supporting the 'Young Minds' mental health charity with their national campaign to raise awareness of the importance of emotional wellbeing for all young people and their families.

To celebrate the great work of Young minds and raise awareness, there will be a dedicated day to children's mental health called 'Hello Yellow' where we encourage our children to wear either an item of yellow clothing or an accessory with their school uniform to show their support for this amazing charity. This will take place on Friday 10th October, when children are welcome to contribute £1 to wear an item of yellow clothing for the day to spread positivity and happiness. This can be donated through your parent pay account, please do not send in any cash to school with your child. It is **not a non-uniform day** - just an item of yellow clothing please.

Over the past few weeks, our assemblies and 'Time to…' sessions have focused on emotional and mental health to provide children with key messages like how to seek support and 'It's ok not to be ok' to help them to understand their emotions and how to address feelings of anxiety and worry. If you have any concerns relating to your child's mental health, please contact a member of the mental health team in school.

Thank you for your continued support

Mrs Jessica Wood

Associate Vice Principal / Senior Mental Health Lead

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