

Key Stage 3

Benchmark	Grow Throughout Life	Explore Possibilities	Manage Career	Create Opportunities	Balance Work and Life	Seeing the Big Picture
1	being aware of the sources of help and support available and responding positively to feedback	being aware of the range of possible jobs	being aware that career describes their journey through life, learning and work	developing friendships and relationships with others	being aware of the concept of work-life balance	being aware of a range of different media, information sources and viewpoints
2	being aware that learning, skills and qualifications are important for career	identifying common sources of information about the labour market education system	looking forward to the future	being aware that it is important to take initiative in their learning and life	being aware that physical and mental wellbeing are important	being aware that there are trends in local and national labour markets
3	being willing to challenge themselves and try new things	being aware of the main learning pathways (e.g. university, college and apprenticeships)	imagining a range of possibilities for themselves in their career	being aware that building a career will require them to be imaginative and flexible	being aware of money and that individuals and families have to actively manage their finances	being aware that trends in technology and science have implications for career
4	recording achievements	being aware that many jobs require learning, skills and minimum qualifications	being aware that different jobs and careers bring different challenges and rewards	developing the ability to communicate their needs and wants	being aware of the ways that they can be involved in their family and community	being aware of the relationship between career and the natural environment
5	being aware of heritage, identity and values	being aware of the range of different sectors and organisations where they can work	managing the transition into secondary school and preparing for choosing their GCSEs	being able to identify a role model and being aware of the value of leadership	being aware of different life stages and life roles	being aware of the relationship between career, community and society
6		being aware of the range of ways that organisations undertake recruitment and selection	learning from setbacks and challenges	being aware of the concept of entrepreneurialism and self-employment	being aware of rights and responsibilities in the workplace and in society	being aware of the relationship between career, politics and the economy
7					recognising the injustices caused by prejudice, stereotypes and discrimination in learning and workplaces	

Key Stage 4

Benchmark	Grow Throughout Life	Explore Possibilities	Manage Career	Create Opportunities	Balance Work and Life	Seeing the Big Picture
1	responding positively to help, support and feedback	considering what jobs and roles are interesting	recognising the different ways in which people talk about career and reflecting on its meaning to them	developing friendships and relationships and reflecting on their relationship to their career	reflecting on the different ways in which people balance their work and life	evaluating different media, information sources and viewpoints
2	positively engaging in learning and taking action to achieve good outcomes	researching the labour market and the education system	building their confidence and optimism about their future	starting to take responsibility for making things happen in their career	reflecting on their physical and mental wellbeing and considering how they can improve these	exploring local and national labour market trends
3	recognising the value of challenging themselves and trying new things	recognising the main learning pathways and considering which one they want to follow and how they will access and succeed in it	making plans and developing a pathway into their future	being able to reflect on and change their career ideas and the strategies that they are pursuing to achieve them	recognising the role that money and finances will play, in the decisions that they make and, in their life and career	exploring trends in technology and science
4	reflecting on and recording achievements, experiences and learning	researching the learning and qualification requirements for jobs and careers that they are interested in	considering the risks and rewards associated with different pathways and careers	being willing to speak up for themselves and others	recognising the role that they play in their family and community and considering how that might shape their career	exploring the relationship between career and the environment
5	considering what learning pathway they should pursue next	researching the range of workplaces and what it is like to work there	taking steps to achieve in their GCSEs and make a decision about their post-16 pathway	being able to discuss roles models and reflect on leadership	considering how they want to move through different life stages and manage different life roles	exploring the relationship between career, community and society
6	reflecting on their heritage, identity and values	researching how recruitment and selection processes work and what they need to do to succeed in them	thinking about how they deal with and learn from challenges and setbacks	researching entrepreneurialism and selfemployment	developing knowledge of rights and responsibilities in the workplace and in society	exploring the relationship between career, politics and the economy
7					identifying what they can do, individually and with others, to challenge prejudice, stereotyping and discrimination in learning and workplaces	

