

Coriell Award

Welcome to our first ever newsletter of the academic year that specifically focuses on drugs and alcohol awareness. As an academy we feel it is important to share some of the measures that we are putting in place to ensure the highest standard of safeguarding of all of our students in regards to alcohol and drugs education.

Our academy has recently celebrated achieving the Gold Coriell Award. The Coriell Award is the drug and alcohol education award which has been awarded to Outwood Academy Newbold as we have met the standards to gain the gold award. Our academy carefully maps the curriculum provision to support our students' personal growth. It is important to us that all of our students receive the best possible education to ensure that they are equipped with the right tools to make the best possible choices for their futures.

"All of the staff at Outwood Academy Newbold recognise the importance of educating our students and their families on the dangers to young people of drugs and alcohol. We are delighted that the work of the academy has been recognised and that we have been awarded the gold Coriell Award. We look forward to working with all members of our community to continue educating and safeguarding our students."

Rob Southern, Principal



What to expect...

To ensure that parents and carers are aware of current trends in our community we would like to use this newsletter to share the latest data available, advice on how to spot the signs of drug and alcohol misuse and ways to support your child.

WE ARE SO PROUD
OF THE AMAZING
EFFORTS OF THE
OUTWOOD FAMILY.

WELL DONE TO
EVERYONE.

We are pleased to announce that during our next parents evening to be held on 29th February, there will be a stall with booklets available for you to take away. The booklets are filled with advice on how to talk to your child, clear guidance on units and daily guidelines, the law, how alcohol affects your body, and much more.

Life curriculum overview for drugs and alcohol



Our students will learn;

- Reasons why young people drink alcohol
- The effects of alcohol
- Units and guidelines
- The effects of drinking too much alcohol
- Staying safe
- Vaping
- Legal and illegal drugs
- Substance misuse
- Alcohol and drugs addictions
- Risks associated with alcohol and drugs
- Involvement in gang crimes
- County Lines

We are also working with an external agency, Remedi, who will be delivering a session around the dangers of vaping to some of our young people.

If you have any questions or queries about the Life curriculum and would like to have your say on current / local issues please contact Miss Webb on j.webb@newbold.outwood.com

Did you know...

Chesterfield data

Unfortunately, data shows that Chesterfield has a concerning amount of drug and alcohol related issues that affect residents of all ages.

Chesterfield has a rate of admission episodes to hospitals for alcohol-specific conditions for under 18's of 84 per 100,000 people. These hospital admissions are for conditions wholly attributable to alcohol, not just associated with alcohol.

This is the highest rate for this indicator out of all 309 districts and unitary authorities in England.

Adult Treatment Services

Chesterfield has the highest rate of referrals into the adult substance misuse treatment services out of all 8 districts in Derbyshire.

Childrens Support Services

There were 33 referrals to Space4U, a service that offers support to children affected by someone else's substance misuse, from Chesterfield in 2021/22, the highest from any district in the county.

Crime

Chesterfield district has the highest rate of drug related crime, 67 per 100,000 people, out of all 8 districts in Derbyshire. (2022 data).

Young people's service offer advice and support for Chesterfield and surrounding areas.

"We support young people who are using drugs or alcohol, feel they have a problem and want some help".

www.changegrowlive.org

Signs to look out for if you are concerned a young person may be affected by drug misuse;

Uncharacteristic poor hygiene—Such as dirty clothes, strong body odour from not bathing, poor oral hygiene or health, and a general unkemptness. **Note that this is uncharacteristic of the young person. Meaning they are usually very well kept and drastically made a change.**

Sudden and drastic weight changes - This may include a loss or gain of weight due to a by-product of drug-induced appetite changes.

Skin, eyes, nose, and mouth - This includes unexplained bruising or marks on the skin or flushed skin. Bloodshot eyes, changes in pupil size, nosebleeds, nasal irritation, excessive coughing, dry mouth or throat, and irritation of the mouth or throat.

Withdrawal symptoms - They may complain of headaches, runny nose, profuse sweating, nausea, vomiting, excessive fatigue, and sleeplessness - which are all part of drug withdrawal. Note that illness can often be associated with some of these symptoms. However, if these symptoms frequently occur, such as every few days or once a week, it should raise some red flags.