

Outwood Junior Academy Brumby

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Principal: Mr Stephen Tait

Dear families,

I hope you have had a lovely half term break. We look forward to the second half of the spring term and hopefully some better weather!

Diary dates

- World book day Thursday 6th March - <https://www.brumbyjunior.outwood.com/posts/11094>
- Parents' Evening Wednesday 19th March and Thursday 20th March.
- Careers Fair Wednesday 2nd April
- Last day of term - Friday 4th April.
- Y6 SATS week commencing Monday 12th May.
- Y4 Multiplication check two week period begins Monday 2nd June

Online monitoring

We have had a number of issues reported to us both before the holidays and subsequently after too. Please support your child with the difficulty of social media and the use of the internet and devices. We have had numerous parents contacting us regarding unkind messages, inappropriate content shared and suspicious activity.

I'm sure we all agree that using a device can be great fun but it can also be extremely addictive and difficult to regulate usage especially for children. Please support your child by monitoring what they are accessing, checking their chats/messages and having open and honest discussions as they learn.

The NSPCC has some excellent guides and advice for parents which covers numerous topics. Here is a link

<https://www.nspcc.org.uk/keeping-children-safe/online-safety/>

Reading at home to an adult

This is the most important support that you can do at home. I can not emphasise what an impact this has on your child's development and education. Being able to read and to continue developing their fluency, comprehension and vocabulary is key to all areas of the curriculum. Please make time to listen to your child read. It is quality time together on a one to one basis. It can be a really good bedtime routine where your child reads to you and where you read to them. Our Family Hub hosts a variety of sessions to support reading but if there is anything we can do to support you please let us know. We are here to help and of course will do everything we can in our reading sessions at school. However, there is no substitute for reading aloud at home to an adult every day as we can not replicate this in school.

Sleep

We have had many children extremely tired in school recently which is having a huge impact on them. As I'm sure you are already fully aware, sleep is vital to children and young people's health, wellbeing, learning and development. It is important to ensure children have the correct amount of sleep so they have enough energy for

the next day's activities. Children at junior age need between 10 and 12 hours of sleep per night. I have attached a couple of useful links below for guidance which give facts and also support on how to have good sleep habits.

<https://www.nhs.uk/childrens-lifestyle-section/pages/life-skills/sleep/>

<https://www.bbc.com/ownit/take-control/why-is-sleep-so-important>

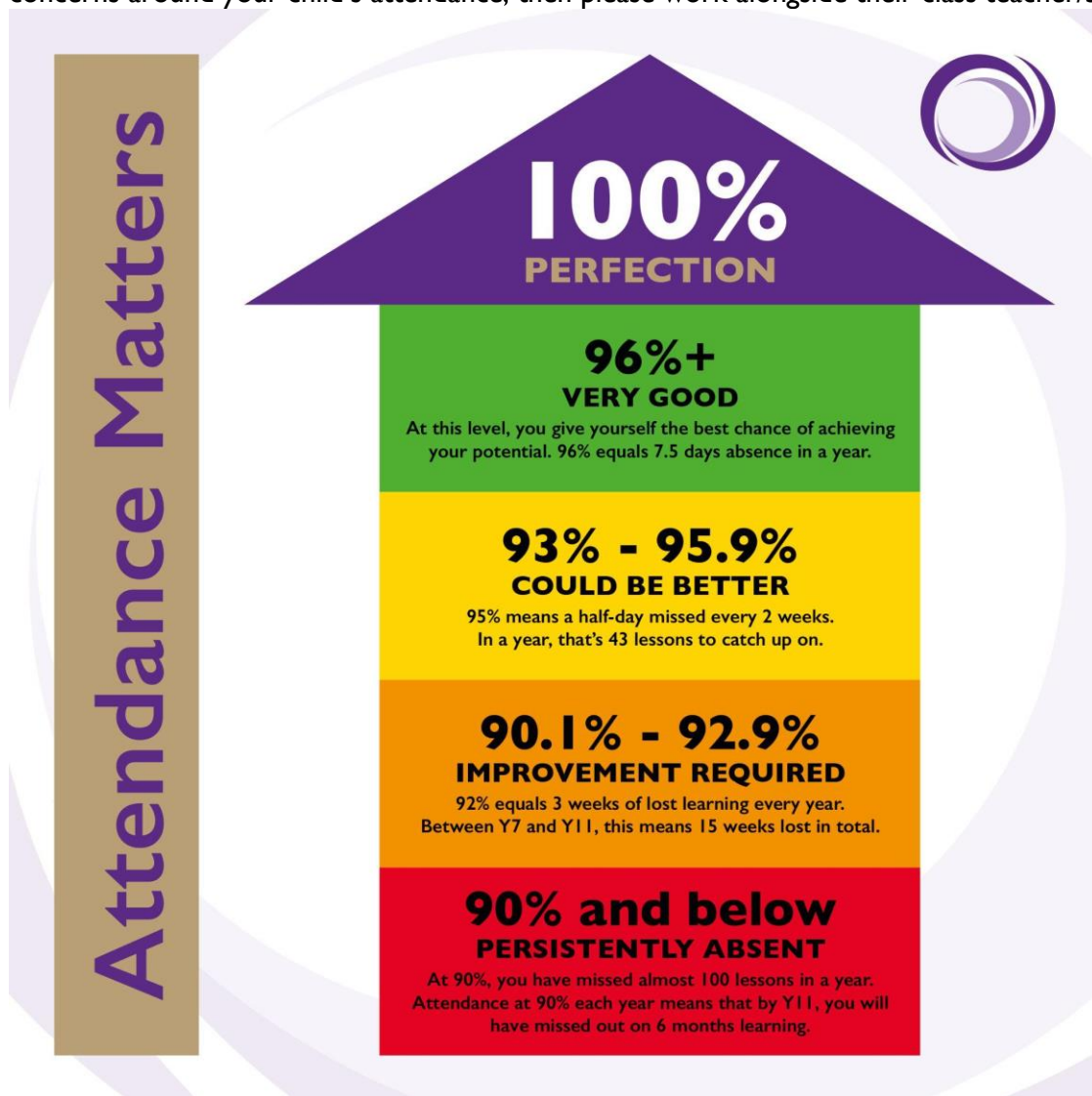
If you need support with bedtime routines for your child, please let us know and we will support.

Ordering lunches on Hungry Minds

Please, where possible, try to sit with your child and order your lunches together in advance.

Attendance

As always, children who have higher levels of attendance have more success academically and socially and feel part of the school community. Please support your child in encouraging them to attend school every day. Of course, illnesses will naturally occur, but the time absent from school should be restricted to the minimum. If you have concerns around your child's attendance, then please work alongside their class teacher/school.



Thank you for your continued support.

Mr S Tait,
Principal