



Dear Parents / Carers,

As part of an initiative to get the community active we have organised a series of after school clubs for parents and children to attend alongside one another. These include activities such as music, dance, getting active with Nintendo Switches and adult fitness sessions.

Any children participating in these clubs MUST have an accompanying adult (with the exception of the early morning kick about).

Please see the table below for more information on the activities available.

Activity	Day	Time	Location	How to Book	Other information
Family Dance and Music from Around the World	Monday	3:15 - 4:15	Main Hall	Booking Form	All ages welcome
Adults 'Boot Camp' Fitness Class	Friday	3:15 - 4:15	Field	Booking Form	Adults only
Adults 'Circuit Training' Fitness Class	Thursday	3:15 - 4:15	Main Hall	Booking Form	Adults only
SEND Family Sensory Play and Movement	Tuesday	3:30 - 4:30	Spare Y6 room	By Invitation Only	
Family Aerobic Fitness	Tuesday	3:30 - 4:30	Main Hall	Booking Form	All ages welcome
Family Physical fun with Computing	Monday	3:15 - 5:15	Y6 and 5S classrooms (need all 4)	Booking Form	All ages welcome
Mini Movers (EYFS only)	Thursday	3:15 - 4:15	Dining hall	Booking Form	Parents and children 5 and under
Family Orienteering	Tuesday	3:15 - 4:15	Field / Room 8	Booking Form	All ages welcome
Morning Family Wake Up Shake Up	All Week	8:15 - 8:45	Main Hall	Just Show up & Sign in	All ages welcome
Morning Family Kick About	All week	8:00 - 8:30	Football Pitch	Just Show up & Sign in	Children only (7yrs +)

To book places on any of these activities, please complete the google form that can be found at:

<https://forms.gle/y1ic5QBvY1RdYFnhZ>

Clubs will commence the week beginning 8th May (with the exception of Monday due to the bank holiday).

Emails will be sent out to confirm place allocation before the start date.

Please note:

*Places are limited to a maximum of 2 adults and 2 children per booking.

*All children attending will need to be accompanied by an adult.

*Parents are responsible for their children's well-being and safety during these sessions

Thank you for your support

The Team at Park Hill